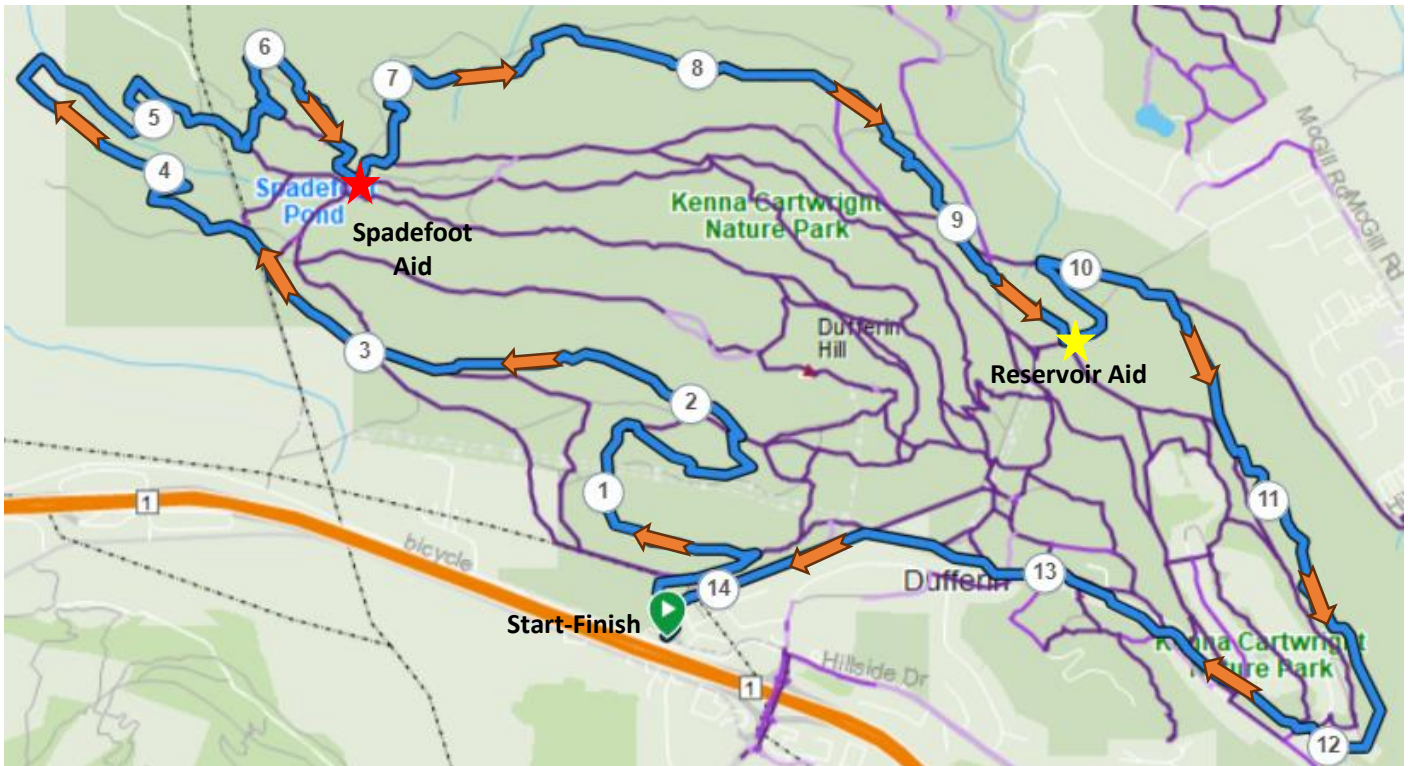


Walk In The Park 14km Clockwise



14KM course directions for clock wise direction

Leave Start area and head up Tower Trail.

At approx .5 km on Tower Trail turn left onto Sunny Side Trial.

Continue on Sunny Side Trail to 4 way intersection, continue straight onto Cabin Trail.

At approx 1.25km turn right onto Cabin Fever Trail.

Cabin Fever Trail will end onto Ponderosa Trail. Take a right and then shortly after a left onto Big Pine - Approx 1.8km

Stay on Big Pine until approx. 2.9km, stay left and connect back onto Ponderosa Trail, heading right, up the hill.

Cross the pipeline easement at approx. 3.5km and head onto Sunset trail, and then your next right onto Mesa Trail.

Mesa Trail will eventually cross back over the pipeline easement at approx. 5.4km. Continue on Mesa Trail & take the next left onto Blow Down Alley.

At approx. 5.75km take a left onto Lava Rock Lookout trail, at the top this will merge into Lava Flow Trail, continue on till you take another left back onto Blow Down Alley Trail.

Blow Down Alley Trail will end at a 4 way intersection at approx. 6.5km - "Spade Foot Aid Station" ★

Leave Spade Foot Aid Station on Ponderosa Trail down the hill, around a left corner then merging off on the right onto Deer Run Trail. This will take you all the way across to Reservoir Aid Station at approx. 9.5km ★

From Reservoir Aid Station head down the hill on Reservoir Trail (double track road) until you come to Kinnickinnick Trail on your right, approx. 10.25km

Head up Kinnickinnick Trail until taking a left onto Lower Doc Findlay Loop Trail, at approx. 10.75km

Follow Lower Doc Findlay Loop Trail along the ridge line & then down as it swings around to the right and comes to Prairie Rose Dr at approx. 12km

After crossing Prairie Rose Dr, staying on the right, head down the hill on the side walk before re entering the trail on the right. Head up this trail, crossing Rock Crest Dr past the outhouse at the parking lot continuing on towards following power lines.

You will cross the access road at the end of Pacific Way & continue on the trail following the power lines until you come to Red Tail Hawk, take a left, approx. 13.5km

Follow Red Tail Hawk straight until you branch left at the end of the course sweeping down back to the Finish area.